

THE PURPOSE DRIVEN

CALENDAR

PLANNING

Workbook

CREATE YOUR BLUEPRINT FOR A PURPOSE DRIVEN YEAR

NICOLE O. SALMON

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Created by Nicole O.Salmon . The Purpose Coach

  
@nicoleosalmon



Dear Purpose Planner,

I'm Nicole O. Salmon, The Purpose Coach and creator of the Purpose Driven Calendar Planning System. I created this planning system with my business bestie, God, after being rushed from work in an ambulance with signs of a heart attack. Thankfully it was a false alarm, but the stress red flags were very real. I had to make a lifestyle change, and it wasn't my diet, or more exercise, it was becoming a better steward of my time.

Here's what I learned and I am passing on to you - you do not need more hours in your day. You just need to spend them with a greater emphasis on purpose. I realized I could put less on my calendar, honour my priorities, and still get more done.

How to use this workbook:

The front end of this book is specifically designed for our time together in the workshop. I will be referring to each page as we work on the content. No need to fill anything out ahead of time.

The back end includes some takeaway resources to help you on your purpose planning journey post-workshop. You can:



Print the quote page, post it, or frame it for an added dose of encouragement to your home/work office decor



Pray a declaration daily, or recite them before times of planning, or procrastination to refocus and align your mindset with the word of God

Now let's pray, plan, and slay your way into a more purpose driven life.

Nicole O. Salmon xo



PLANNING IS A
MINDSET + A LIFESTYLE












The purpose planner's prayer:

DEAR GOD,

THERE IS SO MUCH ON MY PLATE TO
GET DONE TODAY. I'M GRATEFUL YOU'VE
CHOSEN ME TO DO IT BUT, I DON'T
HAVE STRENGTH TO LIFT A FINGER.
PLEASE FILL ME NOW WITH THE KIND OF
STRENGTH AND FOCUS THAT ONLY
COMES FROM YOU.

AMEN

NON-NEGOTIABLES TO KEEP ON YOUR RADAR

-  BIRTHDAYS
-  ANNIVERSARIES
-  DATE NIGHTS
-  PERSONAL TIME WITH GOD
-  RECCURING + MANDATORY EXPENSES
-  HEALTH / MEDICAL
-  SELF CARE DAYS
-  VACATIONS
-  EVENTS
-  KID'S SCHOOL CALENDAR DATES
-  CHURCH / RELIGIOUS OBSERVATIONS

ADD YOUR OWN NON-NEGOTIABLES:

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BRAIN DUMP

+

THOUGHT SORTING

+

MAPPING

THOUGHT SORTER CARDS[™]



NOTE:

Cut out your cards for easy sorting. Now think it, sort it, execute it! Dump one thought/goal/ idea/ per card.

YOU CAN
WITH A *plan*.

NICOLE O. SALMON

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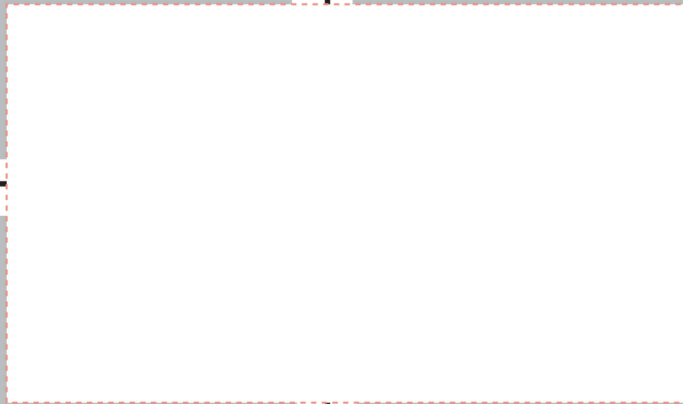
YOU CAN
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THOUGHT SORTER GRID

Q1 JAN - MAR

Q2 APR - JUN



Q3 JUL - SEP

Q4 OCT - DEC

PLANNING RESOURCES

5 BIBLE-BASED DECLARATIONS TO SPEAK OVER YOUR PLANS

PROVERBS 16:3

I commit to the Lord whatever I do, and he will establish my plans.

JEREMIAH 29:11

For God know the plans He has for me, declares the Lord, plans to prosper me and not to harm me, plans to give me hope and a future.

PSALM 20:4

May God give me the desire of my heart and make all my plans succeed.

PSALM 143:8

Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I entrust my life.

PROVERBS 16:9

I am making plans, but Lord establish my steps.

HABIT TRACKER

HABIT/TASK:

MONTH	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
JANUARY																																
FEBRUARY																																
MARCH																																
APRIL																																
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JULY																																
AUGUST																																
SEPTEMBER																																
OCTOBER																																
NOVEMBER																																
DECEMBER																																





You Can
With a
Plan

NOW RUN BY IT HAB 2:2

MONTH:

MY MONTHLY PLAN

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

 WORD FOR THE MONTH:
 WHAT I SAID:
 WHAT I DID:
 WHAT I LEARNED:

FINAL THOUGHTS



As you execute your new purpose driven plans and strategies, here are some nuggets for the road.

Shed the guilt trap of saying, "No." A no to man is a yes to God.

Make peace with disappointing others. As you become a better steward of your time, those who's success depended on it will be disappointed. Practice loving and graceful ways to redirect their demands.

Time management is both biblical and a spiritual practice. Utilizing the gift of administration is just as Spirit-filled as any of the other glamorized spiritual gifts.

May God grant you the grace to be a **finisher** and may He break every historical and generational pattern of quitting, sabotaging and throwing in the towel, in Jesus name!



FOLLOW ME @NICOLEOSALMON

#PRAYPLANSLAY

NOTES

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