



# DAYS OF PURPOSE

**Have you ever wondered about God’s purpose for you?** He has imprinted it on your heart and mind, in your personality, spiritual gifts, and temperament. Purpose is not a destination, it’s a lifestyle! I challenge you to 60 days of purpose through God’s Word. Give your mind the reset it needs to get clear and focused so you can live, lead, and serve more powerfully, tap into your place of giftedness, and position your life for a purposed filled year.

<b>DAY 1</b>	JOURNAL YOUR EXPECTATIONS
<b>DAY 2</b>	1 PETER 2:9
<b>DAY 3</b>	ACTS 13:36
<b>DAY 4</b>	COLOSSIANS 1:16
<b>DAY 5</b>	JEREMIAH 29:11
<b>DAY 6</b>	PROVERBS 16:4
<b>DAY 7</b>	MEDITATION
<b>DAY 8</b>	IDENTIFY WHAT EXCITES YOU
<b>DAY 9</b>	PROVERBS 19:21
<b>DAY 10</b>	PSALM 138:8
<b>DAY 11</b>	ROMANS 8:28
<b>DAY 12</b>	EXODUS 9:16
<b>DAY 13</b>	PHILIPPIANS 2:12-13
<b>DAY 14</b>	SELF CARE
<b>DAY 15</b>	IDENTIFY WHAT FRUSTRATES YOU

<b>DAY 16</b>	ECCLESIASTES 12:13-14
<b>DAY 17</b>	1 CORINTHIANS 13:1-3
<b>DAY 18</b>	MATTHEW 25:35-40
<b>DAY 19</b>	ROMANS 12:1-2
<b>DAY 20</b>	ROMANS 1:2
<b>DAY 21</b>	DECLARE A PERSONAL AFFIRMATION
<b>DAY 22</b>	GRATITUDE: CREATE A LIST
<b>DAY 23</b>	PETER 3:17
<b>DAY 24</b>	IS. 53:10
<b>DAY 25</b>	PROV. 24:6
<b>DAY 26</b>	PROVERBS 11:4
<b>DAY 27</b>	1 JOHN 2:17
<b>DAY 28</b>	PREPARE A HEALTHY SNACK
<b>DAY 29</b>	5 MINUTES OF MEDITATION
<b>DAY 30</b>	1 THESS. 5:16-19

**YOU’RE HALF WAY THERE, KEEP GOING!.**

# 60

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<b>DAY 31</b>	1 PETER 3:17
<b>DAY 32</b>	2 PETER 1:3-8
<b>DAY 33</b>	ISAIAH 26:3-4
<b>DAY 34</b>	2 CORINTHIANS 8:21
<b>DAY 35</b>	CREATE WITH YOUR HANDS OR MIND
<b>DAY 36</b>	TRY SOMETHING NEW
<b>DAY 37</b>	1 CORINTHIANS 10:31
<b>DAY 38</b>	MATTHEW 5:13-16
<b>DAY 39</b>	PSALM 57:2
<b>DAY 40</b>	JEREMIAH 1:5
<b>DAY 41</b>	HABAKKUK 2:3
<b>DAY 42</b>	RECORD YOUR THOUGHTS
<b>DAY 43</b>	SHORTEN YOUR TO DO LIST
<b>DAY 44</b>	MATTHEW 6:33
<b>DAY 45</b>	EPHESIANS 2:10

<b>DAY 46</b>	MICAH 6:8
<b>DAY 47</b>	JOHN 5:30
<b>DAY 48</b>	COLOSSIANS 3:23
<b>DAY 49</b>	SHARE YOUR FONDEST MEMORY
<b>DAY 50</b>	5 MIN OF SOLITUDE
<b>DAY 51</b>	MATTHEW 16:25
<b>DAY 52</b>	GENESIS 1:26
<b>DAY 53</b>	1 CORINTHIANS 1:27
<b>DAY 54</b>	PROVERBS 20:5
<b>DAY 55</b>	JOB 42:2
<b>DAY 56</b>	PRAISE MUSIC BREAK
<b>DAY 57</b>	PHILIPPIANS 2:13
<b>DAY 58</b>	GET FEEDBACK FROM A TRUSTED FRIEND
<b>DAY 59</b>	PROVERBS 3:6
<b>DAY 60</b>	SHARE YOUR JOURNEY

## YOU MADE IT!

Your tank is full, your thought life about purpose has been challenged, and now it's time to execute. I'm here to help you identify and take the next step. Book a call, or share your feedback.

## BONUS+

I pray these 60 days have refreshed and revitalized your perspective on purpose. **Need something deeper? A bit more personal? I've taken the time to create an intensive 1-1 Purpose Clarity Coaching program and would love for you to take the next step in your journey towards a more authentic and purpose driven life.** As your Purpose Coach, I'm here to create the shift you need to get focused + clear, evoke your courageous spirit + get you fired up to live your ideal life the way you were created to. Together, over a series of 4, 1-1 private coaching (45min) sessions we'll create your personal blueprint for moving you forward.

[CLICK HERE TO LEARN MORE](#)



**PHILIPPIANS 2:12-13**

**PROVERBS 15:22**

**PROVERBS 3:5-6**

**ROMANS 8:1-39**

**JAMES 1:12**

**1 CORINTHIANS 2:9-13**

**JOHN 15:5**

**PHILIPPIANS 1:6**

**EPHESIANS 3:20**

**2 CORINTHIANS 12:9**

**ACTS 20:24**

**PROVERBS 3:1-7**

**1 PETER 4:10**

**MATTHEW 25:14-30**

**JOHN 14:15**

**JOHN 17:4**

**PSALM 16:11**

**EPHESIANS 2:10**

**"BE YOU. IT'S THE MOST COURAGEOUS THING YOU CAN DO!"**

## **I DARE TO DECLARE...**

I am made in the image of God my Heavenly Father. Therefore, purpose is in me and I will manifest it in everything my hands find to do. Where I am is not who I am, and I will not reduce my life's purpose to a time, place, or single life event. I commit to the process of discovering and becoming the best version of myself because she will attract wealth, health, peace, prosperity, increase, and favour. **This is my purpose and I am aligning with it today.**

## ABOUT YOUR COACH



Over the past decade, my personal ministry has taken me across the country and I am humbled each time I am given the opportunity to minister as a conference speaker preacher, or workshop facilitator. Before stepping into full-time-purpose and launching my own coaching firm, I worked in the not-for profit sector for over 15 years, specifically with organizations serving communities experiencing marginality.

After many years of front line work God opened the door for me to move into a management role providing oversight to a portfolio of several diversely funded skills development programs.

As a certified life skills coach and a personality dimensions level III trainer, my reflective coaching techniques, coupled with my one-to-one and group facilitation sessions, has led scores of professionals and organizations alike to a place of lasting success and high-level efficiency. Due to my unique combination of expertise, I am blessed to have emerged as a sought after keynote speaker and panelist in many corporate circles.

I have a family. And they are my first ministry. I am a proud mother of five (that wasn't a typo lol). Four ogers and one princess. A beautiful, loud, and never dull blended family of seven. Together with my husband and partner in crime Evon, we live a full and exciting life in Brampton, Ontario.

## FOLLOW ME ONLINE



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