

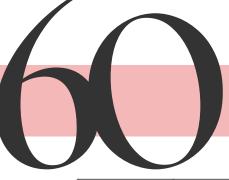
## DAYS OF PURPOSE

Have you ever wondered about God's purpose for you? He has imprinted it on your heart and mind, in your personality, spiritual gifts, and temperament. Purpose is not a destination, it's a lifestyle! I challenge you to 60 days of purpose through God's Word. Give your mind the reset it needs to get clear and focused so you can live, lead, and serve more powerfully, tap into your place of giftedness, and position your life for a purposed filled year.

DAY 1	Journal Your Expectations
DAY 2	1 PETER 2:9
DAY 3	ACTS 13:36
DAY 4	Colossians 1:16
DAY 5	Jeremiah 29:11
DAY 6	Proverbs 16:4
DAY 7	MEDITATION
DAY 8	IDENTIFY WHAT EXCITES YOU
DAY 9	Proverbs 19:21
DAY 10	PSALM 138:8
DAY 11	Romans 8:28
DAY 12	EXODUS 9:16
DAY 13	Philippians 2:12-13
DAY 14	SELF CARE
DAY 15	IDENTIFY WHAT FRUSTRATES YOU

DAY 16	ECCLESIASTES 12:13-14
DAY 17	1 Corinthians 13:1-3
DAY 18	MATTHEW 25:35-40
DAY 19	ROMANS 12:1-2
DAY 20	Romans 1:2
DAY 21	declare a personal Affirmation
DAY 22	Gratitude: create a list
DAY 23	PETER 3:17
DAY 24	Is. 53:10
DAY 25	PROV. 24:6
DAY 26	Proverbs 11:4
DAY 27	1 JOHN 2:17
DAY 28	Prepare a HEALTHY SNACK
DAY 29	5 minutes of meditation
DAY 30	1 THESS. 5:16-19

YOU'RE HALF WAY THERE, KEEP GOING!.



# DAYS OF PURPOSE

DAY 31	1 PETER 3:17
DAY 32	2 PETER 1:3-8
DAY 33	ISAIAH 26:3-4
DAY 34	2 Corinthians 8:21
DAY 35	Create with your hands or mind
DAY 36	Try something new
DAY 37	1 Corinthians 10:31
DAY 38	Matthew 5:13-16
DAY 39	PSALM 57:2
DAY 40	Jeremiah 1:5
DAY 41	Habakkuk 2:3
DAY 42	RECORD YOUR THOUGHTS
DAY 43	Shorten your to do list
DAY 44	Matthew 6:33
DAY 45	EPHESIANS 2:10

DAY 46	MICAH 6:8
DAY 47	JOHN 5:30
DAY 48	Colossians 3:23
DAY 49	Share your fondest memory
DAY 50	5 min of solitude
DAY 51	Matthew 16:25
DAY 52	GENESIS 1:26
DAY 53	1 Corinthians 1:27
DAY 54	Proverbs 20:5
DAY 55	JOB 42:2
DAY 56	Praise music break
DAY 57	Philippians 2:13
DAY 58	Get feedback from a trusted friend
DAY 59	Proverbs 3:6
DAY 60	Share your journey

## YOU MADE IT!

Your tank is full, your thought life about purpose has been challenged, and now it's time to execute. I'm here to help you identify and take the next step. Book a call, or share your feedback.

### BONUS+

I pray these 60 days have refreshed and revitalized your perspective on purpose. Need something deeper? A bit more personal? I've taken the time to create an intensive 1-1 Purpose Clarity Coaching program and would love for you to take the next step in your journey towards a more authentic and purpose driven life. As your Purpose Coach, I'm here to create the shift you need to get focused + clear, evoke your courageous spirit + get you fired up to live your ideal life the way you were created to. Together, over a series of 4, 1-1 private coaching (45min) sessions we'll create your personal blueprint for moving you forward.

#### CLICK HERE TO LEARN MORE



PHILIPPIANS 2:12-13

PROVERBS 15:22

PROVERBS 3:5-6

**ROMANS 8:1-39** 

**JAMES 1:12** 

1 CORINTHIANS 2:9-13

**JOHN 15:5** 

PHILIPPIANS 1:6

**EPHESIANS 3:20** 

2 CORINTHIANS 12:9

ACTS 20:24

PROVERBS 3:1-7

1 PETER 4:10

MATTHEW 25:14-30

**JOHN 14:15** 

JOHN 17:4

**PSALM 16:11** 

**EPHESIANS 2:10** 

"BE YOU. IT'S THE MOST COURAGEOUS THING YOU CAN DO!"

I DARE TO DECLARE...

I am made in the image of God my Heavenly Father. Therefore, purpose is in me and I will manifest it in everything my hands find to do. Where I am is not who I am, and I will not reduce my life's purpose to a time, place, or single life event. I commit to the process of discovering and becoming the best version of myself because she will attract wealth, health, peace, prosperity, increase, and favour. **This is my purpose and I am aligning with it today.** 



### **ABOUT YOUR COACH**

Over the past decade, my personal ministry has taken me across the country and I am humbled each time I am given the opportunity to minister as a conference speaker preacher, or workshop facilitator. Before stepping into full-time-purpose and launching my own coaching firm, I worked in the not-for profit sector for over 15 years, specifically with organizations serving communities experiencing marginality.

After many years of front line work God opened the door for me to move into a management role providing oversight to a portfolio of several diversely funded skills development programs.

As a certified life skills coach and a personality dimensions level III trainer, my reflective coaching techniques, coupled with my one-to-one and group facilitation sessions, has led scores of professionals and organizations alike to a place of lasting success and high-level efficiency. Due to my unique combination of expertise, I am blessed to have emerged as a sought after keynote speaker and panelist in many corporate circles.

I have a family. And they are my first ministry. I am a proud mother of five (that wasn't a typo lol). Four ogers and one princess. A beautiful, loud, and never dull blended family of seven. Together with my husband and partner in crime Evon, we live a full and exciting life in Brampton, Ontario.

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